 LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034

**M.A.** DEGREE EXAMINATION - **SOCIAL WORK**

FOURTH SEMESTER – APRIL 2012

# SW 4803 - COUNSELLING

Date : 16-04-2012 Dept. No. Max. : 100 Marks

Time : 1:00 - 4:00

Section-A

**Answer All Questions in about 50 words each: 10x2=20 Marks**

1. Define Counseling
2. Give any four qualities of an effective counselor
3. What is catharsis?
4. Mention any four goals of counseling
5. Differentiate voluntary and non-voluntary clients
6. What is flooding? Give an example
7. What do you mean by paraphrasing?
8. List the four major lifestyle positions according to TA
9. Name any four factors that mould personality
10. Write any four problems faced by adolescents

Section-B

**Answer Any FOUR Questions in about 300 words each: 4x10=40 Marks**

1. Outline the various behavior modification techniques used in behavior therapy
2. Throw light on the importance of the key ingredients of a counseling relationship
3. Bring out the relevance of counseling for social work practice
4. Discuss the ethical responsibilities to be followed by a counselor
5. Explain the various sexual problems for which clients seek help and bring out the role of a counselor
6. Enumerate the key areas of TA and its applicability for practice

Section-C

**Answer Any TWO Question in about 600 words each: 2x20=40 Marks**

1. Discuss in detail Sigmund Freud’s psychoanalytical approach in understanding the personality of an individual
2. Describe the process of counseling based on your field work experience
3. Explain the aims and different counseling strategies adopted in HIV counseling
4. Elucidate the various influences on the development of counseling as a professional practice.

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